



EUROPEAN DAY OF INTEGRATED SPORT



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## ***European Day of Integrated Sport***

### ***Local dissemination Event in the UK at***

#### **Gosling Sports Park**

**Sports and Gymnastics Hall, Stanborough Rd, Welwyn Garden City, Herts, AL8 6XE**

UK is the one of the partner of European Day of Integrated Sport's project. CSEN, Centro Sportivo Educativo Nazionale are the lead partner in this project who are based in Rome in Italy. It was one of their vision to bring people with abilities and disabilities together to run a sporting event. The major sporting event took place on 23<sup>rd</sup> May 2015 at various locations of Italy. Prior to the event partners had on-line meeting in February to establish how the project and event will be delivered followed by face to face meeting in March 2015. After the event we all partners had to deliver local dissemination event in our localities to raise awareness of this project which involves people with ability and disability as the term is used mix abilities. Another aim was to create a rules and regulations book for these kind of sports which is acceptable and accessible across Europe. To be able to achieve this they have worked with Sporting Committees across Europe.

In this project we have been working with Herts Sports Partnership who works with very wide target groups from University students to hard to reach groups and people with disabilities. The purpose of the organisation is to integrate and by using sporting activities to address the social exclusion. The three groups we worked with were:

#### **Archery Group**

#### **Dance group**

#### **Basking Team (Basketball)**

We worked with Ros Camp who is our Sport's Technician and she liaised with all the groups and got them together for the event in May followed by the event in October 2015. We tried our best to get everyone together from the May event but it was not possible however we liaised with other groups in the county and still had a very good turnout.





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### Archery Group doing their activities

The event was very successful and we had Welwyn Hatfield Mayor attending the event and she even took part in the dance activities. We had participants from various sectors; NGO's Herts Sport Partnership and groups from across Hertfordshire County. The groups who took part in the event came from Pottersbar, Welwyn Hatfield Day Services, London Colney Hub, St Albans and Letchworth. We had in total 63 attendees at the event.



### Welwyn Hatfield Mayor with the Dance group participants





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She presented the certificates to most of the participants and they loved it. To see the smile on their faces was a real achievement.

The activities were divided into three groups as stated above in three different sporting halls because we could not run the whole event into one hall due to their needs. After each activity the groups were presented with the certificate.



### **Basketball group playing and presented with the certificate and the Project calendar**

It was the most humble experience I would say we have had where we saw many people taking part in the activities. Some of the people were the Support persons supporting participants with the activities.

On a final note I would like to add is when I spoke to Patrick and Linda from a Dance group they said they were already liaising with other European countries to put the project together around disability training which is a really positive impact of this project. At these activities we don't share the knowledge but create networks for future collaborations too.

For further details on Community Action Dacorum please visit our website:

[www.communityactiondacorum.org.uk](http://www.communityactiondacorum.org.uk)

