

Our event had 3 parts:

- Divulcation of the sports integrated rules;
- Demonstrations of integrated karate, integrated dance and integrated football (the participants were divided in teams composed by disable people coming from institutions and non-disable people – technicians, and students of our Institute)
- Seminar on sports and inclusion with the president of the national federation of sports for people with handicap

We worked with demonstrations, adapted to integrated sports. Everyone enjoyed the meeting; It was very emotive to observe the happiness of all participants interacting with each other during the event. The institutions are asking for more events like this. It is our plan to repeat, every year, this event (at 23th of may), following the rules of the integrated sports. During the next year we are planning to organize small workshops with the technicians in order to teach them the rules and to implement other integrated sports that we didn't try in Italy (for example: Baskin).

In our event participated 102 people from 9 institutions that are working with disable people and we had around 150 students of our institution that were involved in the activities as members of the sports integrated teams or as organizers. Therefore, in total we had more than 250 people involved in the event.

The event was released in the national and local TVs. In the national TV reportage, the people that are talking, all participated at EDIS in Italy. In the local reportage is talking the national technician (Nuno Serra), the vice-president you our institute, the vice president of the Municipality of Guarda, the director of our school.